VIOLENCE IS PREVENTABLE UPP

CHILDREN & YOUTH PEACE Programs SCHOOLS MP GADES N.3



VIOLENCE IS PREVENTABLE GRADES K-3



3 Things Children Can Do to Stay Safe

- 1. Talk to an adult you trust. If you cannot get help at home, talk to a grandparent, aunt, uncle, teacher or neighbour you trust.
- Plan a safe place you can go, and go to your safe place to draw pictures, read or play a game.
- 3. If you do not feel safe, call 911. Tell the operator your name and address, and tell them what is happening and why you called.

Things to Remember: The 3 Main Messages

- 1. Violence is not your fault.
- 2. You are not alone.
- 3. There are people who can help.



There are people you can talk to:

Kids Help Phone 1.800.668.6868
Kids Help Text 686868
BC Crisis Centre 1.800.784.2433
VictimLink 1.800.563.0808
BC Society of Transition Houses www.bcsth.ca